

# TICKET YOUR FAMILY

## SAFE ROUTES TO SCHOOL

### Parent and Guardian info



### What is this about?

The goal of the “Ticket your Family” activity is to encourage conversation between children and grown-ups about traffic safety.

### Why is this important?

Traffic crashes are a leading cause of death for children in North Carolina (Source: NC Department of Health and Human Services). Teaching and empowering children to speak up when someone is being unsafe on the road can help them to advocate for their own safety. This lifelong tool can help keep them safe and save lives on the road.



### What should I expect?

In class, your child will learn about safe vs unsafe behaviors on the road and in a car. For example, they will learn that it is unsafe for anyone to ride without a seat belt in a car. Your child will also be given a “ticketbook” with these behaviors listed. Their assignment is to take note whenever someone is unsafe on the road or in a car and write a “ticket” for that person. They are then instructed to talk about why that behavior is unsafe and what should be done instead. The goal of the ticket is to start a conversation within your family about safety and how to speak up if someone is unsafe. This is a great opportunity for everyone to reflect on their own behaviors and serve as role models for children

While it may be difficult at first to be issued a “ticket” by your child, just remember that this skill will help them to advocate for their own safety in the future and could save their life.